

Diversion Education Classes

Prevention Services



rosecrance®
Jackson Centers

Eight-hour prevention classes for youth and young adults utilizing the Prime for Life® - curriculum.

This evidence-based motivational intervention, and pre-treatment program is for people who are making high-risk choices. It is designed to change drinking and drug use behaviors of youth and young adults by changing beliefs, attitudes, risk perceptions and motivations. Youth learn how to reduce the risk of alcohol- and drug-related problems throughout their lives.

The classes focus on:

- Educating youth about low-risk alcohol choices
- Assisting individuals in self-assessing their level of progression toward alcohol or marijuana dependence
- Helping individuals to recognize and use their positive social and psychological influences to help them overcome the barriers to successful low-risk choices in the future

The classes are suitable for:

- Youth referred by court (e.g. possession, public intoxication)
- Youth and young adults ages 13-20 engaging in drinking and/or drug use
- Middle/high school and college students who are beginning to experience negative consequences related to alcohol and/or cannabis use
- Parents of youth

Youth benefit from the classes by:

- Being able to share their thoughts, feelings, and reflections in a safe environment
- Learning how influences and personal choices determine outcomes
- Reflecting on new beliefs and how they may bring about positive change

Rosecrance Jackson Centers is part of the IDPH Integrated Provider Network, with services funded by the Iowa Department of Public Health and the U.S. Department of Public Health and Human Services Substance Abuse and Mental Health Services Administration.



Classes are no charge to participants.

The classes are taught by certified instructors utilizing the online platform Zoom. Register using the links below.

April 10-13, 4 – 6 p.m.

[https://us06web.zoom.us/meeting/register/tZUpce6srjwuGd3js7aEK21be8D15F2GKd0j](https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZUpce6srjwuGd3js7aEK21be8D15F2GKd0j)

May 1-4, 4 – 6 p.m.

[https://us06web.zoom.us/meeting/register/tZMvcOygrzwsH9bAFH6qAUHYCqP6VZfwbP8Q](https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZMvcOygrzwsH9bAFH6qAUHYCqP6VZfwbP8Q)

June 12-15, 2 – 4 p.m.

[https://us06web.zoom.us/meeting/register/tZAof-ioqjwvEt2Vg6-yEP9TNhfS5DglvMji](https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZAof-ioqjwvEt2Vg6-yEP9TNhfS5DglvMji)

To make a referral or for more information, please contact Jody Monroe at jomonroe@rosecrance.org or visit rosecrancejackson.org.