



## Adult Women's Transitional House Referral

### Therapist Recommendation

Cynthia House is a residential Halfway House for adult women who are affected by the disease of addiction and who could benefit from short-term living in a semi-structured living environment. The program is structured and supportive and the therapeutic approach is based in the 12-step recovery model of AA. As part of the screening process we require a recommendation from your primary therapist. Please give this form to your therapist and ask them to answer the following questions to the best of their knowledge keeping in mind that we are creating a living environment that is healthy and recovery based for women who are motivated to live a life a sobriety.

Patient's Name \_\_\_\_\_

In your opinion what is the applicant's ability to stay sober in a semi-structured community for women working on recovery and independent living?

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Please describe the patient's overall attendance, motivation, and participation in treatment services including progress on treatment plan goals, relapse prevention coping skills, daily living skills, and support system. What level of treatment care is the patient currently receiving?

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Why would you recommend the applicant for a recovery based Halfway House living environment?

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What do you view as the applicant's strengths as well as limitations that would need to be accommodated in the Halfway House?

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Contact number to schedule an interview

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Signature/Credentials

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name