

Carrying The Message

NEWSLETTER

A Family Story

"We never realized that addiction affected us all. Family Education has been incredibly valuable to my family! We learned to better understand our son's behavior, and what we can do to avoid enabling him. We had to change in order to help him in his recovery. I'm so grateful for this class!" — a grateful family member of a patient at Jackson Recovery



Family Education Series

The Family Education Series is free and teaches patients and family members about the disease of addiction. Call 712-234-2300 for a schedule.

Prevention

Linda only drank once a year, but when she did, she didn't stop until she passed out, often ending up in the hospital. The rest of the year she was treated for depression, but eventually drank to help herself feel better.

Thousands of Siouxlanders have addiction problems like Linda, or are abusing substances without understanding the impact on their health.



Now, patients at Siouxland Community Health Center are being screened for substance use. A trained therapist helps them identify any behaviors or addiction-related problems affecting their health.

Over 2,700 screenings have been completed, and the results have been astounding.

"The impact has been truly phenomenal," said Marce Cockburn, Jackson's therapist caring for patients. "Bringing information straight to the patient, rather than waiting for them to come to us, gets them help faster!"



NOT ALONE

"The greatest thing about our Family Education Series is letting families know they are not alone. It gives them resources and skills to help their loved one in a place where they feel safe."

— Jane Sanders, Sr. Prevention Specialist



"A-HA!" MOMENT

"I can see when a student gets it. That moment when a light bulb goes off and they know what their real choices are...the realization that they don't have to do drugs or alcohol. I help plant that seed." — Linnea Fletcher, Sr. Prevention Specialist

Our Kids Need You!

- ☐ I will help save a life by giving to Jackson Recovery Centers
- ☐ Please send me information about families and addiction

Summer 2013

Full Name:

EMAIL ADDRESS:

Company:

Address:

City State Zip:

Phone:

Please mail donations to:
Jackson Recovery Centers
Attn: Carey Snow
800 5th Street, Suite 200
Sioux City, IA 51101



www.JacksonRecovery.com

Education Brings

Hope



Teaching At-Risk Kids

Reconnecting Youth
Teaches students at-risk for substance abuse about self-esteem, personal control, decision-making and communication.

Lucy, a student in Jackson’s Reconnecting Youth program, won an essay contest with her poem about tolerance.

Tolerance—by Lucy

Tolerance is not about thought; it’s about action.
When you are tolerant, you receive a positive reaction.

Tolerance is the key to the door.
Behind this door, violence is no more.

Tolerance means to be respectful and polite.
Tolerance is a tactic to avoid a fight.
If you practice tolerance, to me you’re a hero.
You are helping pain in this world go down to zero.

Tolerance, such a simple nine-lettered word;
But when put in action has the ability to change the world.

One by one we each have the power.
To plant tolerance in ourselves and others so it can bloom like a flower.

Tolerance could have prevented catastrophic events in the past.
If we are tolerant we can create peace, and make it last.
Life is so much happier when we don’t hate.
So make a difference, tolerate.

Face to Face Impact

14,705 Teens, families

and businesses heard a very powerful message about prevention last year.

Jackson Recovery’s Prevention & Education specialists work every day to prevent the disease of addiction through community education.



Excuse our Dust!
Our new Child and Adolescent Recovery Hospital is coming in the fall of 2014 to the West 4th Street Jackson Recovery Centers campus!

PRSRT STD
US POSTAGE
PAID
SIOUX CITY, IA
PERMIT NO 138

Jackson Recovery Centers, Inc.
800 5th St., Suite 200, Sioux City, IA 51101
712 234 2300 800 472 9018

