

You Are Not Alone

Children growing up in a home with drug or alcohol addiction face many different challenges. Kids love their parent, but hate the addiction, which is especially confusing and difficult.

Children living at the Women and Children's Center are now a part of a special program designed to help children of addicts learn they are not alone and that their mom's addiction is not their fault.

Sometimes children will not discuss how they have been impacted by

addiction because they feel it's a secret. This setting will make it safe to learn about addiction, treatment and recovery.

"We want to teach them how to share their feelings with safe people. We want them to know they can get help to feel better and safe," says

> Approximately 1 in 4 children are impacted by addiction. When you give to Jackson, you teach children of addicts they are not alone.

Jane Sanders, Prevention Specialist at Jackson Recovery Centers.

One important component of the program is letting kids be kids, a piece that is often missing from their lives. The program includes education, activities and games to make their learning experience interactive and fun.

SUPPORT SOMEONE'S FIRST STEP TOWARD RECOVERY



\$100

First steps toward recovery are often the hardest. Your gift of \$100 funds an assessment and initial treatment therapy session.

Support Form

I would like to help a patient take their first step toward recovery. Keep me updated on the latest drug trends affecting Siouxland.

Full Name:	
EMAIL ADDRESS:	
Company:	
Address:	
City State Zip:	
Phone:	

Please mail donations to: Jackson Recovery Centers Attn: Carey Snow 800 5th Street Suite 200 Sioux City, IA 51101 www.jacksonrecovery.com 712-234-2300



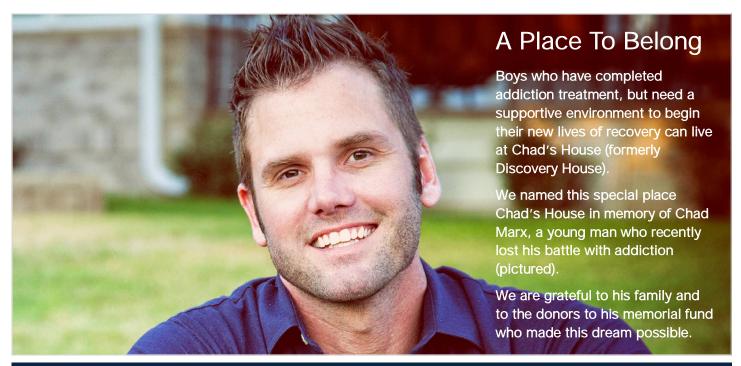
Healing from Trauma

Jackson knows our donors give because they believe in the work we do. Therefore Jackson strives to provide the best possible care for our patients. As the experts in addiction treatment, we know the vast majority of our patients have experienced trauma.

Whether it's a one-time horrifying event or a persistent stressor, trauma causes powerlessness, fear, and shame. To help patients feel safe, Jackson has integrated "trauma-informed care" into treatment. In order to relieve the chaos caused by addition, we politely greet our patients, provide comfortable facilities, and start therapy on time. All of this goes toward creating an environment of stability and structure.

The Gift of Hope

By supporting Jackson, you help create an atmosphere of healing from trauma.



A Night of Fellowship



Friends of Recovery Banquet March 22, 2014

Mark your calendars for an evening of Fellowship. Watch for more information in the mail.



