

Carrying The Message

NEWSLETTER

A LIFE TRANSFORMED

DR. BROWN

Alison had a significant and very personal celebration last November! It was her graduation day from Synergy Center, Jackson's adult inpatient treatment program. Unlike last year at this time, *today she feels good about herself* and is looking forward to the future. "I love being in recovery!" Alison enthusiastically proclaims. Your generous support makes transformations like Alison's possible!



As a compassionate and highly skilled psychiatrist, Dr. Brown will be helping our Siouxland kids facing addiction and mental health problems...right here in Sioux City.



With over 30 years in the field, Dr. Brown will serve as Medical Director for the Child and Adolescent Center, developing life-long, positive outcomes for kids and families.

Dr. Brown's arrival brings our dream of a *Child and Adolescent Recovery Hospital* a giant step towards reality. We are so proud to have him as part of our quality treatment team!



COME ALIVE

"It warms my heart to see the light shining in the eyes of the kids. Once they've started on their road to recovery, they just come alive again."

— Gladys Smith, Program Manager
Child and Adolescent Center

WE CARE

"So many of our patients were never taught that people care. We show them that people do care about them. We love them until they can love themselves."

— Brianna Steffe, Milieu Coordinator
Women and Children's Center



SUPPORT FORM

Spring 2013

- ☐ I will transform a life by giving to Jackson Recovery Centers.
☐ Please send the newsletter to me electronically.

Full Name:

EMAIL ADDRESS:

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Please mail donations to:
 Jackson Recovery Centers
 Attn: Carey Snow
 800 5th Street, Suite 200
 Sioux City, IA 51101



RECOVERY FOR LIFE



REBUILDING

Addiction impacts a person's entire life.

Our patients work to get their lives back—physically, mentally, emotionally, and spiritually.

What happens when a person walks through Jackson's door? When our patients first come to us, they are scared, lonely, and defensive. Their lives have become unrecognizable and they desperately need help, but are afraid to ask for it.

During their first visit, they meet with a compassionate clinician for an assessment. "Because each individual is unique, this assessment ensures a person's treatment plan is designed just for them," said Amy Bloch, Jackson's Vice-President of Clinical Services.

Quite often a patient's addiction is compounded by mental health problems like depression or anxiety. Therefore, *they develop successful recovery skills* when their treatment team creates an

"With treatment and a supportive community, our patients rebuild their lives."

—Amy Bloch, Vice President

individualized plan that addresses both. *Patients gradually rebuild their lives* through treatment and a supportive community. They learn that a life of recovery is MORE than being clean and sober.

While abstaining from substances is essential, *recovery for a lifetime includes becoming healthy physically, emotionally and mentally.* Through recovery, patients gain their whole life back! Read more at www.jacksonrecovery.com

HEALING POWER OF Hope

Banquet Sponsors

Thank you to our Friends of Recovery Banquet sponsors. Your contribution allowed patients new in recovery to share in an evening of hope, inspiration, and fun.

“Until tonight I did not realize life sober was fun. I have never felt as complete as I do sitting here tonight. I look forward to my life in recovery.”

— Vicki, Synergy patient and banquet attendee



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